Sunrise UMC



**August 2025**

***Pastor Rob’s Message***

***“Be completely humble and gentle; be patient, bearing with one another in***

***love. Make every effort to keep the unity of the Spirit through the bond of peace.” Ephesians 4:2-3 NIV:***

***Let’s take a deep breath and search for the positive today! Right now in our***

***country, it is difficult to live with the great divide, between the “D’s” and “R’s.” We have gone to a place where we look at a person’s political party first to determine if we want to be associated with that person, instead of that person’s heart and what that person may mean to my life.***

***We will always have people in life that you may not agree with all the time, yet we know they are good people. Then on the other hand, there are those who come into your life, and you realize immediately that they were meant to be there. We may not think about why. However, know they are in your life to serve some sort of purpose, maybe to teach you a life lesson, or to help you figure out who you are or who you want to become. Usually, this comes from people we least expect. You know at the moment you look into their eyes, that they will affect your life in a profound way. In other words, all people who come into your life are there to serve a purpose.***

***We have those times when things happen to you that may seem horrible, painful, and unfair at first, but in reflection you find that without overcoming those obstacles you would never realize your potential, strength, willpower, or heart.***

***I don’t believe in chance. Everything in life happens for a reason, both good and bad. It is during those times, rather due to illness, injury, love, moments of true greatness, or plan ole stupidity, they all test the limits of our soul. Without these small tests, whatever they may be, life would be like a smooth paved, straight, flat road to nowhere. It would be safe and comfortable, but dull and utterly pointless.***

***Embrace all the people in our life, they have been placed there to make a***

***difference. They will affect you in success and possibly in your downfalls, but your experience, good or bad, will help to create who you become. It is a matter of acceptance and learning from our experiences.***

***Every person in your life can and will make a difference. If someone hurts you,***

***betrays you, or breaks your heart, forgive them, for they have helped you learn***

***about trust and the importance of an open heart. If someone loves you, love them back unconditionally. Not only because they love you, but because in a way, they are teaching you to love and how to open your heart to love more like Jesus.***

***“Be selective in your battles. Sometimes peace is better than being right.”***

***Author unknown.***



**Wednesday Mornings with the Pastor**

Pastor Rob leads a group that meets every Wednesday morning before our Sunday service. It is on hold for right now until cooler temperatures prevail.

**Special Sharing time**

We love having special music! If you or someone you know (neighbor, child, grandchild, friend) would like to share a song, an instrumental number, a meaningful story, a dance, a poem, or any other creative way to enhance our worship, please let the office know. This is an opportunity to share a gift with our wonderful Sunrise family!

**WAYS YOU CAN HELP**

*Many Hands Make the Work Go Lightly*

**﻿Helping Hands:**

Families help each other in many ways. One way you can help your church family is on Communion Sunday. That is the one day we put out a special offering basket called Helping Hands. This money is used to help members in need when times are tough.

**Easy Ways to Give:**

Shop at Fry’s and join the Fry’s Community Rewards program.

**Recycle:**

We collect cans (please make sure they are empty) & clear plastic bottles (no other plastics please), and used plastic grocery bags.

**NEWS FROM OUR MINISTRIES**

**Recovery Worship Service:**

Everyone is welcome to join us on Wednesdays at 7:00 p.m.

**Prayer Shawl Ministry**   
Prayer Shawl continues to meet the first Saturday of every month at 9:00 a.m. in the conference room. Join us for chatting, knitting, crocheting, and more chatting. They are available in the Prayer room who is having a difficult time and needing a reminder of God’s presence in their lives. They were recently blessed on July 20th.

**Justa Center**

Our summer collection for the Justa Center is here! Their needs for the summer months are: sunscreen, baseball caps or hats, cool wraps, propel powder (electrolytes), coffee, sugar and creamer packages, canned tuna and chicken, shoes and socks. You may place items in the Narthex for collection. A pallet of water costs $200. If you would like to contribute toward purchasing a pallet, please mark your check or envelope for Missions. The Missions Team Leader, Carl Richeson, is out of town for the next few months so Duane Keeling has volunteered to transport all items to the center.

**Sunrise's Prayer Plan**

The Prayer Team has begun praying before the worship service in the Prayer Room. They are asking God’s guidance for the leaders and all participants. Feel free to use this time and place for your own quiet prayers.

**WELCOME VISITORS!**

Please be sure to greet anyone you don’t know and share a smile and a kind word. And if you see someone without a smile…give them yours!

**POTLUCK**



**Pot Luck** August 27, 11:15 a.m.

Birthdays and Anniversaries get head of the line privileges!

If possible, bring your own place settings to save on

paper/plastic products and help us go green!

**BIBLE STUDY**

Please join us on Sundays at 9:00 am to study and discuss The Bible. It’s a great opportunity to learn and to immerse yourself in God’s Word on a regular basis. We are currently reading the Book of Acts. Now is the perfect time to begin your study along with us!

**RESOURCES**

**Daily Prayer:**

[prayer.forwardmovement.org](http://prayer.forwardmovement.org/) [dailyofficeexpress.org](http://dailyofficeexpress.org/)

[lectionary.library.vanderbilt.edu/daily.php?year=B](http://lectionary.library.vanderbilt.edu/daily.php?year=B)

[Upperroombooks.com/neweverymorning/](http://upperroombooks.com/neweverymorning/)

**Building Use:**

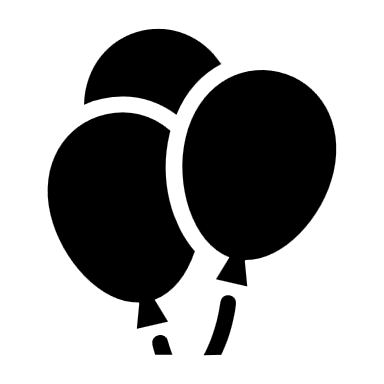
We have about 9 outside groups that meet in the building each month. If you would like more information about these groups, please contact the church office. Groups include: NA (Narcotics Anonymous), AA (Alcoholics Anonymous), OA (Overeaters Anonymous).

**Office Hours**

Office Open 9:00-1:00 p.m. Tuesday, Wednesday

Pastor Rob in office Wednesday approximately 7:00-2:00 p.m.

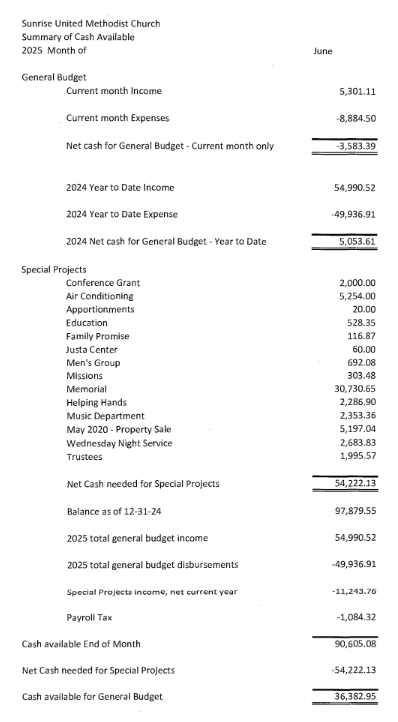
Pastoral Emergencies – please contact Pastor Rob at 480-450-7445

August Birthdays: 9-Scott Gilpin, Jill Greene, Joyce Trevolt, 13-Carl Richeson

August Anniversaries: 3-Frank & Margery Simchak, 9-Scott & Karen Gilpin

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**June Financial Report**

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