



SUNRISE UMC

August
2021



Hello Sunrise!

I like saying that. It has a bit of a double meaning; it's our church greeting but it is also greeting the sunrise. What a joy to wake up each day, a gift and to be able to greet the sunrise, a bonus. I must confess that before moving to Phoenix I wasn't often up before the sunrise but, since moving here, if I want to get outside, I must get up pre-sunrise or I will roast! I have seen some beautiful sunrises (and sunsets) because I've made it a point to get up and get out there.

What about you? What is God calling you to do? Where do you need to get up and get out there? What will you miss if you don't? It's been such a strange season for us, hasn't it? We have lived through a pandemic that is not finished with us yet, we have experienced church through Zoom, we have learned how important community is, we have struggled with loneliness and felt adrift and disconnected, we have had the opportunity to slow down (maybe too much?), reconnect with family, etc. I say all this to say, again, What is God calling you to do?

We have been working our way through the book of Ephesians by the Apostle Paul. The whole book is how do we live in unity. How do we be the body of Christ to each other and as a demonstration to the world. Paul talks about breaking down walls, living in peace, being rooted and grounded in love, living a life worthy of your calling through practicing humility, patience, and kindness. So, where do you need to get up? Maybe it is step up in how you treat others, how you love those near you, how you practice your worthy life? Where do you need to get out? Maybe you are being called to reach out to those around you, break down walls between you because of difference. Maybe you are to march for justice, work towards peace.

I'm on this journey with you. God is calling us to get up and get out!
Hello Sunrise!

Blessings and more,

Rev. Donna



CHURCH NEWS

Servant Stewards:

We are still looking for stewards to assist with our Sunday worship services. Please let Rev. Donna or Angie know if would like to help as a greeter, liturgist or with the Children's message.

Building Use:

We have about 9 outside groups that meet in the building each month. If you would like more information about these groups, please contact the church office.

Prayer:

Please make sure to contact anyone on the prayer ministry team if you would like a prayer added. The names and emails are listed in the Prayer Ministry of the newsletter. The team is; Rev. Donna, Art Erb, Cathy Bennett, Jessica Cleland, Roy Trevolt, Taylor Allen, Susan Rowland and Angie Forquer.

If you have a confidential prayer, you can fill out a blue prayer card on the back of any seat in the sanctuary and place it in the offering box.

You may visit our prayer room to pray or fill out a prayer tag.

Trustees:

Greetings Sunrise from your trustees! Trustees meet the first Monday of the month at 7:00 PM. We have several projects we are working on such as; installing a new window in our church office, hanging some new signage on our building just to name a few. If you have any concerns or suggestions please let us know. See you at church!

Thanks~ Art Erb

Recovery Worship Service:

Blessings Sunrise family~

I am blessed to be a part of a very special Recovery Worship service here at Sunrise.

The service will be starting back up, in-person, on August 4th! The service is Wednesday evenings at 7:00. All are welcome to attend. It is a recovery-based service, we have a guest speaker who shares their story and gives their testimony. We have some live praise type music and a message with fellowship afterwards. This is a great way to recharge your battery in the middle of the week! Hope you all can join us!

Your brother in Christ, Art Erb

Directory Information:

If there have been any changes to your information; address, phone number, email address, please email the office at hello@sunrisephx.org and let them know of the changes. Thank you!

NEWS FROM OUR MINISTRIES

Missions ~

Alice Mildenberger



Family promise ~

Our fall family promise week has been changed to October 17-25. Please mark your calendar and begin praying for how you can be involved as Sunrise welcomes these families back into our building. We'll need people to prepare meals, to spend the nights, to shop for breakfast and lunch foods, and to spend evenings with us. Sign up will begin in September.

Thank you for the support Sunrise continues to give to this life changing program.

God bless you all,
Rich and Alice Mildenberger
Family Promise Coordinators

Missions ~

Frank Fischer



Get ready for a "back to school" project. The list of needs will be posted later after received from school.

Please join us for a Missions meeting that will be held Wednesday, August 11, 2021 at 11:00 AM in Fellowship Hall.

NEWS FROM OUR MINISTRIES



Prayer Ministry ~

Susan Rowland

Hello Jesus!

It is said that Mother Theresa would begin each morning greeting Jesus. She would say, "Hello, Jesus!"

Try it for several days and experience the increase Joy in your day. This simple but heart felt greeting is known to change your perspective of your daily challenges and experiences.

Ps: I have also said, "Good Night, Jesus. Sweet Dreams." lol

Blessings,
Susan Rowland

Rev. Donna	pastor@sunrisephx.org
Taylor Allen	t.bone6@aol.com
Cathy Bennett	catbennett2@gmail.com
Jessica Cleland	justgrenz@gmail.com
Art Erb	alerb1111@gmail.com
Angie Forquer	angieforquer@yahoo.com
Susan Rowland	susan.rowland46@iCloud.com
Roy Trevolt	rctdrums@cox.net